Corona Trainingsplan

ab sofort gesperrt

	Gutenberg-Sporthalle 1	Gutenberg-Sporthalle 2	Gutenberg-Sporthalle 3	SpoZ 1	SpoZ 2	SpoZ 3	SpoZ 4	Spoz 5	EMA Sporthalle	Außenfläche Kaiserstr.	Klosterhof Sporthalle	AVS 1	AVS 2	AVS 3	Wellenkamp	WBS Halle	WBS Bühne	Sude
									Sperrung 22.6.-16.8.		Sperrung: 18.+19.06.20 ↓	Sperrung: 22.-28.06.20 ↓	Sperrung: 22.-28.06.20 ↓	Sperrung: 22.-28.06.20 ↓	Sperrung: 10.-26.06.20 ↓	Sperrung: 11.-15.06.20 ↓	Sperrung: 11.-15.06.20 ↓	
Montag	16.00-18.30 Kutu	16.00-18.30 Kutu	16.00-18.30 Kutu				16.00-18.30 Floorball		16.00-18.00 Kiss			16.00-18.00 Floorball	16.00-18.00 Floorball	16.00-18.00 Floorball				
	19.00-20.30 BCI Boxen										18.00-19.30 SCI Boxen	18.30-20.30 Judo						
	20.30-22.00 Badminton	18.30-22.00 Badminton	18.30-22.00 Badminton	20.00-22.00 Volleyball			20.00-22.00 TT	20.00-22.00 TT			19.30-21.00 Boxen							
Dienstag			16.00-19.00 Kutu					16.00-18.00 Kids in Beweg.	17.00-19.00 Sci Karate	13.00-13.45 SCI Kids		16.00-18.00 Judo			17.30-19.00 Badminton	17.30-20.30 SCI Fechten		
							17.00-18.00 Osteoporose	18.00-20.15 TT		14.00-14.45 SCI Kids	17.30-19.00 Fitness	18.00-19.00 FC Perspekt.	18.00-19.00 FC Perspekt.	18.00-19.00 FC Perspekt.				18.00-20.00 Gynastik
	17.30-19.30 SCI Trampolin	17.30-19.00 Kioto									19.00-22.00 Parcour	19.00-21.00 Floorball	19.00-21.00 Floorball	19.00-21.00 Floorball				
				19.00-20.30 Volleyball	19.00-20.30 Volleyball	19.00-20.30 Volleyball	19.30-22.00 TT	20.15-21.15 Lets Dance										
Mittwoch							16.00-17.30 TT		16.00-17.00 Kiss							18.00-19.45 Fitness Fuhr		
				19.00-20.00 Fitness	19.00-20.00 Fitness	19.00-20.00 Fitness	18.00-20.00 Fitness	18.00-20.00 Jazz-Dance								18.00-19.00 Rückengym.	17.00-19.00 Gymnastik	
	20.00-22.00 Floorball	20.00-22.00 Floorball	20.00-22.00 Floorball				20.00-22.00 TT	20.00-22.00 TT			19.00-20.30 SCI Boxen				20.00-22.00 Badminton	19.00-20.30 Tai Chi		
Donnerstag	16.00-19.00 Trampolin	16.00-19.00 Kutu	16.00-17.00 Kiss								16.30-18.00 Walking Fußb.			17.00-18.30 Judo		16.00-19.30 SCI Fechten		
	19.00-20.30 Boxen	19.00-20.30 Kutu	18.00-20.30 Kioto	17.00-20.00 Floorball	17.00-20.00 Floorball	17.00-20.00 Floorball	17.00-19.00 Fitness							18.30-20.30 Judo		19.30-21.00 Tai Chi		
								19.00-21.00 Volleyball						20.30-22.00 Prellball				
Freitag	16.00-18.00 Floorball	16.00-18.00 Floorball	16.00-18.00 Kutu				16.00-18.00 TT	16.00-18.00 Volleyball										
	18.00-19.30 BCI Boxen							18.00-20.00 Volleyball										
	19.30-22.00 Badminton	18.30-22.00 Badminton	18.30-22.00 Badminton															
							20.00-22.00 TT	20.00-22.00 TT			17.30-20.30 SCI Boxen	19.00-20.30 Reha VSG	19.00-20.30 Reha VSG	19.00-20.30 Reha VSG	19.30-22.00 Handball		18.30-21.00 SCI Fechten	
Samstag	09.00-13.00 Floorball	09.00-13.00 Floorball	09.00-13.00 Floorball															
Sonntag																		